



CCSN TRANSITION TIMELINE CHECKLIST

A suggested timeline to transition a CCSN adolescent to adult healthcare

START THE CONVERSATION AT AGE 14

Transition planning is a process that must start early to best prepare and support youth and family on developing skills to gain independence. Your healthcare provider will begin your discussion by reviewing the transition policy with you and your child, and then addressing any initial concerns. The Promoting Adolescent Transitions in Healthcare (PATH) clinic can guide your planning process.

DEFINE NEEDS AND READINESS BY AGE 16

As Healthcare Providers, we recognize that each youth has individualized needs. Discussions around areas of transitions, such as consent and confidentiality, will take place. We will work with school and community-based providers to help you complete necessary forms. We will also perform assessments of transition readiness and provide referrals to resources available in your community.

PRIVACY/CONSENT (AGE 16)

By age 16, your healthcare provider will discuss informed consent and confidentiality. Healthcare providers will also discuss options for how to support medical decision-making.



READINESS ASSESSMENT (AGE 16)

We have developed our own Transition to Adulthood (TAP) questionnaires, for both youth and caregivers, to assess transition readiness.

INDIVIDUALIZED PLAN (AGE 16)

We plan to help adolescents and their families develop an individualized process, based on level of need and transition goals, which may include a potential referral to PATH clinic.



FULLY TRANSITION TO ADULT PROVIDER BY AGE 23

Your provider will discuss with the appropriate age for each youth to fully transition to adult healthcare; however, our practice will maintain care for youth with high levels of need until the age of 23 years. Healthcare transitions can be correlated with other areas of transition. As a youth gains independence in other areas, healthcare transition should also be happening.